

THE BIG NEWS

The official newsletter of THE DINNER GROUP
An organization for Gainers and Encouragers



[REDACTED] Long Beach, CA 90803

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Hello Again...

Yes, this is the first newsletter for the New Year (if you were wondering). We had a few problems with our database which caused a loss of some information. If your address is not correct or if you know someone who didn't get this issue, please let us know. We'll correct it immediately.

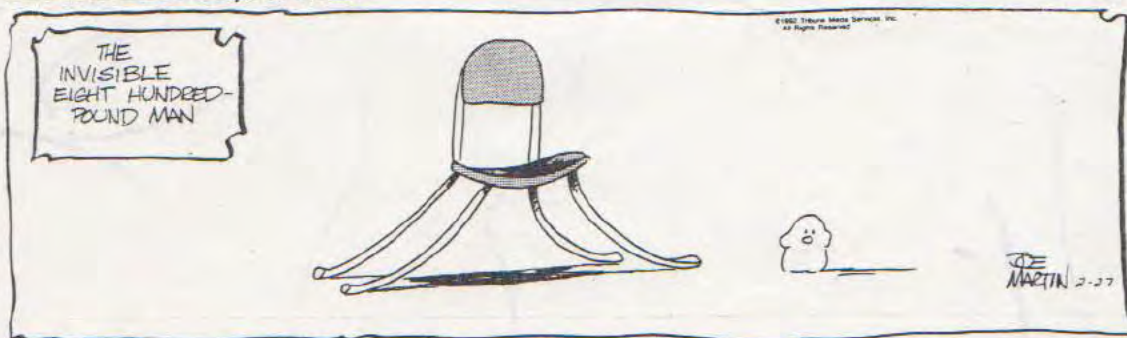
Good-bye To A Dear Friend

One person can effect a lot of change, and touch the hearts of many others. One man did. He was a very dear and loving man who was also a moving force in the big men's movement. He taught many of us to be proud of our fat and to rejoice in our girth without shame. He was a lover of life and the penultimate epicurean hedonist. His name was Bill McLean and he will be remembered always...

Winter Solstice Celebration

Our December gathering was very pleasant, and included a few surprises for those who participated in the gift exchange! Thank You to all who came to spend some time with us over the holidays!

MISTER BOFFO By Joe Martin



Regular Feasting Dates

Although one group cannot be everything to everyone, it can meet the needs of it's members through healthy flexibility and inclusiveness without losing sight of it's goal. One way to accomplish this is to create an appropriate atmosphere where everyone is welcome to share their ideas and to indulge in excess.

The Dinner Group will be meeting on the LAST Saturday of every other month. This should make scheduling easier for those of us who need to plan in advance. The regular dinner's will be held on "odd" months of the year. For all members who have attended the dinners in the past, this is your regular feasting time. There are no changes in the format. Simply come as you are, with food in tow. There is no set agenda-except to have a good time. And eat a lot.

The "even" months will be gainer specific. Those members who want to experience the "art of fattening" are encouraged to come. We will be exploring new and old philosophies and methods of eating and feeding. This dinner session will also meet on the last Saturday of the month.

As a rule, the newsletter will be mailed on the first of the month-every month. This will have all of the needed information for that month's activities as usual and should keep the dinner schedule from becoming too confusing. Hopefully this will not happen. If you have any suggestions, please give us a call. Your input is helpful.

